



SPINE SOCIETY Belgium
SSBe

ID SPINE 2024

Enhancing Recovery After Spinal Surgery

Teamwork Makes the Dream Work

PROGRAMME

Saturday, January 20th

BMCC Bruges



www.spinesociety.be

Faculty

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Lieven Moke, MD, PhD, Leuven, Belgium
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Christoph Siepe, MD, PhD, München, Germany
Ann Spriet, Physio, Leuven, Belgium

Congress Chairmen

Bart Depreitere, MD, PhD, UZ Leuven, Belgium
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Organising Committee/SSBe Board

Davy Hoste, Patrick Van Schaebroeck, Johan Van Lerbeirghe, Bart Depreitere,
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Virginie Nguyen, Michaël Bruneau, Henri Benjamin Pouleau, Serge Troussel,
Sabri El Banna, Emmanuel Costa, Dominique Verhulst, Peter Van Wambeke,
Sarah Bethlen, Jan Degrande

Dear colleagues,
Dear co-workers,
Dear friends,

I welcome you all to the 3rd edition of the **InterDisciplinary Spine Symposium** organised by the Spine Society of Belgium (SSBe).

Interdisciplinary collaboration and contributions to scientific education related to spinal pathology remain two important cornerstones within the SSBe.

Today's topic "**Enhancing recovery after spinal surgery**" is therefore an ideal opportunity to highlight the added value of interdisciplinary cooperation within spinal care in Belgium.

It is an honour to gather a diverse group of national and international experts, each bringing unique perspectives and experiences to delve into this critical aspect of patient care. Throughout our discussions and collaborations, we aim to unravel innovative strategies that enhance patient outcomes, optimize recovery and pave the way for transformative practices in spinal surgery.

Today, we are also celebrating the 10th anniversary of the SSBe.

As in previous years, the SSBe wishes to continue representing the interests of all our members and, by extension, all health care professionals active in spinal pathology towards the official authorities in Belgium such as the RIZIV/INAMI.

A role that is not always evident as we remain a purely scientific society with no real mandate or decision-making power within these official authorities.

However, it is through persistent endeavours that we have been able to give our advice in the start-up of multidisciplinary spine centres in Belgium in recent years.

We are well aware that a continued sustained effort will be needed to further critically evaluate and discuss some pending issues in spinal care in Belgium.

Therefore, we are counting on all our members to further support the SSBe in this important task, in a direct or indirect way.

After all, a scientific society can only grow and prosper by the grace of its members.

I wish you all a pleasant day here at the BMCC and I invite you all to visit the exhibition hall on the 4th floor during the breaks where we can join each other in a more informal way.

Kind regards,
Dr. Davy Hoste
President SSBe

Enhancing recovery after spinal surgery:

08.00 Registration and Welcome Coffee

08.50 **Welcome**

Davy Hoste, President SSB

Session 1: Preoperative phase

Moderators: Patrick Van Schaeybroeck & Virginie Frassel

09.00 **Communication and self management in low back pain patients**

Lisa Roberts, PhD, Physiotherapist, Southampton, UK

09.20 **The importance of measuring frailty in older patients**

Katleen Fagard, MD, Leuven, Belgium

09.40 **3D spinal deformity care**

Lieven Moke, MD, PhD, Leuven, Belgium

10.00 **Q&A**

10.10 **Coffee break and visit of the exhibition**

Session 2: Peroperative phase

Moderators: Xavier Banse & Diederik Peuskens

10.40 **Spinal surgery in day care: Feasible?**

Bart Depreitere, MD, PhD, Leuven, Belgium

11.00 **Patient matched templates in spine surgery: Revolution?**

Geert Mahieu, MD, Antwerpen, Belgium

11.20 **Robotics in spinal surgery: Revolution?**

Bert Kegelaers, MD, Lier, Belgium

11.40 **Full endoscopic spine surgery: Revolution?**

Christoph Siepe, MD, PhD, München, Germany

12.00 **Q&A**

12.10 **Lunch and Visit of the Exhibition**

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Session 3: Postoperative phase

Moderators: Jan Degrande & Johan Van Lerbeirghe

13.10 **Early postop rehabilitation after spinal surgery**

Pierre Côté, DC, PhD, Ontario Tech University, Canada

13.30 **Practical guidelines in rehabilitation after spinal surgery**

Ann Spriet, Physiotherapist, Leuven, Belgium

13.50 **Intensive postop rehabilitation and follow-up after spinal surgery/
REACT project**

Liedewij Bogaert, MD, PhD, Leuven, Belgium

14.10 **Postop return to work after spinal surgery**

Lode Godderis, MD, PhD, Leuven, Belgium

14.30 **Q&A**

14.40 **Conclusion and Farewell**

Davy Hoste, President SSB

Registration

Category As of 15 December

Member SSBc	€ 50,00
Resident (ASO/ HAIO)	€ 50,00
General Practitioner	€ 50,00
Physiotherapist	€ 50,00
Axxon Member	€ 50,00
Non-Member*	€ 150,00

*automatically includes SSBc membership for 2024

The registration includes:

- Participation in all scientific sessions
- Programme and congress related documents (certificate of attendance, badge,..)
- Coffee and lunch as indicated in the programme

Payment

Onsite payments can be made in cash or by credit card.

Cancellation Policy

Participants cancelling their registration before 15 December 2023 receive a full refund, less 50% administration costs. There will be no refunds for cancellations received after this date. Cancellations must be confirmed in writing to the Secretariat.

General Information

Venue

BMCC

Beursplein 1, 8000 Brugge
<https://bmcbrugge.com>

The Auditorium and the registration desk are located on the 1st floor. The exhibition and coffee and lunch breaks take place on the 4th floor.

Language

The Symposium language is English.

Accreditation and Certificate of Attendance

An accreditation application has been submitted to the INAMI/RIZIV.

In order to live with our time and to make the signing-in process more efficient, we are moving to a digital system. Instead of being obliged to manually sign an attendance list at the beginning of the Symposium, you are now asked to confirm your attendance by inserting your ID into an e-ID reader on arrival. **So please bring your ID to the Symposium.**

Pro-Q-Kine accredited the Symposium with **9 points**.

WiFi

Free Wifi is offered to all participants and exhibitors.

Network: BMCC public

You can log in with first name, name, email address or with Facebook or Google account.

Liability

Neither the local organizers, SSBc nor Medicongress accept liability for damages and/or losses of any kind which may be incurred by participants or exhibitors during the Symposium.

Participants and exhibitors are advised to take out insurance against loss, accidents or damage which could be incurred during the Symposium.

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